



Legacy Soccer Inc.

Legacy SC, Idaho Falls, Idaho

228 Fieldstream Lane | Idaho Falls, Idaho 83404
208-521-5049 | legacy@legacysoccerclub.com | www.legacysoccerclub.com

Legacy Soccer Inc. is a registered 501(c)(3) nonprofit organization.

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Concussion Management Policy

Legacy Soccer Club is committed to providing a safe environment for all participants and maintains a concussion management policy consistent with the requirements of **Idaho Youth Soccer Association (IYSA)** and U.S. Soccer. This policy applies to all players, coaches, staff, volunteers, practices, games, training sessions, and club-sanctioned activities.

Education and Training

- All coaches, assistant coaches, and team officials are required to complete IYSA-approved concussion training.
- Completion of training is required prior to participation in any club activity and is maintained on file by the club.

Identification and Immediate Action

- Any player who exhibits signs, symptoms, or behaviors consistent with a concussion, or who is suspected of having sustained a concussion, will be **immediately removed** from play or training.
- The decision to remove a player may be made by a coach, referee, medical professional, or club official.
- The player will not be allowed to return to activity on the same day under any circumstances.

Medical Evaluation and Clearance

- A player removed for suspected concussion may return to participation only after receiving **written medical clearance** from a licensed healthcare professional trained in concussion evaluation and management.
- Written clearance must be submitted to the club or coach prior to resuming any soccer-related activity.

Return-to-Play Protocol

- Return to participation will follow a **graduated, step-by-step return-to-play protocol** consistent with IYSA and U.S. Soccer guidelines.
- If concussion symptoms reappear during the progression, activity will stop and further medical evaluation will be required.

Parent and Player Communication

- Parents or guardians are responsible for notifying the club of any concussion diagnosis or symptoms that occur outside of club activities.
- The club maintains communication with families regarding injury status and return-to-play requirements.

Enforcement

- Compliance with this policy is mandatory.
- Failure to adhere to this policy may result in removal from activities and disciplinary action as permitted by club and IYSA policies.

Policy Statement

Legacy Soccer Club prioritizes player health and safety above competition or participation.

When in doubt, the player sits.

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